

**Malabar Medical College & Research Centre, Modakkallur, Calicut - 673323**  
**FOUNDATION COURSE: MBBS students, 2019-2020 Batch; August 2019**  
**First week- Orientation Program**

Date	Day	9.00 am - 1.00 pm	1.00 - 2.00 pm	2.00 pm - 4.00 pm	4:00-5:00pm
01-08-2019	Thu	<b>Address by Principal &amp; Dean</b> <b>MBBS program overview:</b> Departments of Physiology, Pathology, Surgery & Medicine	<b>Lunch break</b>	<b>Visit to Departments:</b> Anatomy, Physiology & Biochemistry	Sports & extracurricular
02-08-2019	Fri	<b>Physician's role in society:</b> Departments of Medicine, Surgery & OBG		<b>Hospital rounds:</b> Clinical instructor, PRO	Sports and extra curricular
03-08-2019	Sat	<b>History of medicine:</b> Departments of Anatomy, Pathology, Medicine, & Community Medicine		<b>Orientation to Nursing:</b> Clinical instructor	Sports and extra curricular
04-08-2019	Sun	-----		----	
05-08-2019	Mon	<b>Professionalism, Medical ethics &amp; Attitude:</b> Members of Ethics committee & Department of Forensic medicine		<b>Visit to Hospital diagnostic services:</b> Clinical instructor, PRO	Sports and extra curricular
06-08-2019	Tue	<b>Health care in India - systems &amp; delivery:</b> Medical director & Medical superintendent; Department of community medicine		<b>Visit to Central Library:</b> Librarian	Sports and extra curricular
07-08-2019	Wed	<b>Health prioroties &amp; programmes:</b> Department of community medicine  <b>Alternative systems of medicine:</b> Department of community medicine		<b>Visit to departments:</b> Pathology & Microbiology  <b>Visit to departments:</b> Pharmacology & Forensic medicine	Sports and extra curricular

2<sup>nd</sup> — 4<sup>th</sup> week: Professional Development, Skill Module, Field Visits, Language, Computer Skills, Sports & Extracurricular

Date	Day	9.00 am - 11.00 am	11.00 am - 1.00 pm	1.00- 2.00 pm	2.00- 4:00 pm	4:00-5:00
08-08-2019	Thu	<b>University rules, examinations, attendance:</b> Dean, Principal, Vice-principal	First Aid		IT	Sports and extra curricular
09-08-2019	Fri	<b>Universal precautions &amp; vaccinations, Patient safety &amp; biohazards:</b> Department of Microbiology, Nursing, Infection control committee, Community medicine	First Aid		Language skills	Sports and extra curricular
10-08-2019	Sat	<b>Field Visit:</b> Department of community medicine			<b>Field Visit:</b> Department of community	
11-08-2019	Sun	-----	-----		---	
12-08-2019	Mon	<b>Immunization required for health care personnel:</b> Department of Pharmacology, Microbiology	BLS		IT	Sports and extra curricular
13-08-2019	Tue	<b>Hand washing &amp; biomedical safety:</b> Department of Microbiology, Nursing, Infection control committee	BLS		Language skills	Sports and extra curricular
14-08-2019	Wed	<b>New teaching &amp; learning skills that you will experience:</b> MEU, skill lab, library	BLS		IT	Sports and extra curricular
15-08-2019	Thu	-----	---		---	
16-08-2019	Fri	<b>Use of online resources:</b> MEU, Library, IT	First Aid		IT	Sports and extra curricular
17-08-2019	Sat	<b>Community based learning:</b> Department of community medicine	BLS		Language skills	Sports and extra curricular
18-08-2019	Sun	-----			---	

19-08-2019	Mon	<b>Consumer protection act. Medical documentation and records:</b> Medical Superintendent, MRD, Department of Forensic medicine, Biostatistician	First Aid
20-08-2019	Tue	<b>Physical &amp; mental health:</b> External speaker, Yoga trainer, Physical trainer & Department of community medicine	<b>Stress management:</b> External speaker
21-08-2019	Wed	<b>Gender sensitivity &amp; self defence:</b> External speaker, physical trainer	<b>Time management:</b> Prof. HoD, Psychiatry
22-08-2019	Thu	<b>Simulation based learning:</b> Skill lab	<b>Self directed learning:</b> Dr.Geetha
23-08-2019	Fri	<b>Holiday</b>	
24-08-2019	Sat	<b>Principles of primary care:</b> Department of medicine, paediatrics, ENT, OBG & community medicine	<b>Inter personal relations:</b> Dr.Ajith Bhaskar
25-08-2019	Sun	-----	----
26-08-2019	Mon	<b>Personal growth &amp; development:</b> External speaker	First Aid
27-08-2019	Tue	<b>Leadership &amp; team work:</b> External speaker	First Aid
28-08-2019	Wed	<b>Holiday</b>	

**Lunch break**

IT	Sports and extra curricular
Language skills	Sports and extra curricular
IT	Sports and extra curricular
Language skills	Sports and extra curricular
IT	Sports and extra curricular
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Language skills	Sports and extra curricular
IT	Sports and extra curricular

29-08-2019	Thu	<b>Communication skills:</b> speaker	External	BLS	Language skills	Sports and extra curricular
30-08-2019	Fri	<b>Career pathways:</b> Department of Ophthalmology, Paediatrics, Dermatology, Anaesthesia		First Aid	IT	Sports and extra curricular
31-08-2019	Sat	<b>BLS</b>			IT	Reflections

**BLS** = Basic life support will be conducted by Departments of Emergency medicine & Anaesthesia

**IT** = Information technology training will be conducted by IT section

**First aid:** will be coordinated by Ms. Sikha, Clinical Instructor, MMCH

**Sports:** will be coordinated by Mr. Rajeev

**Foundation course schedule:** Curriculum committee & MEU

**Foundation course implementation:** Preclinical departments